# INSIDE BEAUMONT NEWS

Oct. 13, 2014

# Extraordinary employees recognized with President's Awards Oct. 8

On Oct. 8, the annual President's Awards were handed out by Gene Michalski, president and CEO, Beaumont Health, to recognize recipients in eight categories. These employees were nominated by their co-workers for setting an exceptional example.

The eight categories – Legacy Leader, Rising Star Leader, Community Giving, Caring Colleague, Caring Team, Team Collaboration and Patient Safety of the Year and Service Star – received 169 nominations. The compelling stories behind each award display strength of character that Beaumont is proud to recognize.

In addition, two employees, Janet Insko and Patricia Matway, were thanked by Gene for 45 years of service.



President and CEO of Beaumont Health Gne Michalski (front, center) presented the President's Awards on Oct. 8. The people pictured with Gene were all recognized for their extraordinary efforts. Well done!

**Legacy Leader – Jan Demoe, RN,** administrative manager, Surgery, Beaumont, Troy, was recognized for being an outstanding leader and her emphasis on education. She knows that to provide the best care for patients, her staff must be educated. She loans her own books and resources to those working on certifications, while providing them with support and suggestions. One nominator praises Jan for her flexibility and willingness to help out in any situation: "Her

door is always open. She is a true leader who not only cares about getting the job done, but also about those responsible for completing that job."

The runner up is **Deborah Kleinhomer**, vice president, Home Health Services.

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News and information for employees, volunteers and physicians at

Beaumont | HEALTH SYSTEM











### **President's Awards**

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Rising Star Leader – Carol McCart, RN, was recognized for her leadership style in the CCU, at Beaumont, Grosse Pointe. Her nominator portrayed how deeply she cares for her staff by giving a little extra. She tries to keep scheduling consistent, gives her staff an extra compliment or day off. Employees find birthday cake for them and their differences are embraced to better the entire organization. She makes expectations clearly known, then allows her staff to work autonomously to complete them.

The runner up is **Kevin Baker**, **Ph.D.**, director, Orthopaedic Research, Beaumont, Royal Oak.

Community Giving - Kim **Getzinger, M.D.**, Emergency Medicine, had a vision to provide physical, mental and emotional help to anyone in need. She led a group that started a nonprofit organization to provide free care to those who could not afford it. From there, Trinity Care Clinic opened in Shelby Township. Trinity is staffed by volunteers and funded by philanthropy. It provides medical and dental care, social work, pharmacy support and spiritual needs to the community. Dr. Getzinger is working to reinstate a committee called "Physicians Who Care," which would provide a directory of physicians who are willing to provide free or discounted care.

The runner up is **Richard Keidan**, **M.D.**, Beaumont surgical oncologist.

Caring Colleague – Sharon
Angeline, assistant director of
Physical Therapy at Beaumont
Medical Center, Macomb supported
an employee through her fight with

breast cancer. "She hugged me, cried with me and assured me she would help me get through this. 'Whatever you need I will do it for you," says Sharon's nominator. Sharon supported the employee while she worked through chemotherapy and radiation and adjusted her schedule for treatments and illness. Sharon even donated vacation hours to the employee, allowing her to take a therapeutic vacation to help her through the process. When the employee's mother passed away in the middle of her fight with cancer, Sharon attended the funeral.

The runner up is **Kasey Siterlet**, clerical coordinator, Outpatient Clinic, Royal Oak.

Caring Team – The entire Neuro Rehab department was awarded "Caring Team" for taking care of a co-worker during a series of tragedies: the death of her father, a heart attack, her mother's stroke and her 19-year-old son's diagnosis with Hodgkin's lymphoma.

Her Neuro Rehab family was there to support her every step of the way with a fundraising bake sale, hugs, a shoulder to cry on and prayer.

"They lift up, they care, they comfort. My neuro family helps heal not only the body, but the mind and soul in more ways than they will ever know," says the employee.

Team Collaboration – The 3
East Unit Practice Council at
Beaumont, Troy, was recognized
for its efforts to enhance patient
satisfaction and staff cooperation.
When a new plan was implemented
for hourly checks on patients, the
staff was slightly apprehensive.
However, the practice council took
the time to coach, support, listen

and communicate to the rest of the staff about the new plan and walk them through it. Soon after, patient satisfaction scores began to increase. The staff has embraced the hourly checks because of the initiative of the council. They also organize employee recognition programs and Christmas and summer parties to show their commitment to each other and the unit.

The runner up is **5 North**, Royal Oak.

Patient Safety Star of the Year -Suzy Forbes made an important catch when double-checking an EPIC Pathology report. She noticed that the source and the description did not match; one indicating left breast and one indicating right. After looking further into the matter, she discovered that the specimen was mislabeled during processing, which led to the results being reported for the wrong patient. Suzy's observation ensured the safety of two patients, keeping them from harm and potentially sparing them from unnecessary procedures.

The runners up are John Roebuck, CRNA; Randy Wright, CRNA; Salvatore D'Anna, SNRA; and Alan Smith, SNRA, of the Nurse Anesthesia team at Royal Oak.

Service Star of the Year – Jim Ristich noticed a burning vehicle while out on his delivery route. With no rescue vehicles in the area, Jim decided to make sure nobody was hurt. To his surprise, the driver was still inside and appeared to be unconscious. He quickly returned to the van, got the fire extinguisher and worked to quell the flames. Since

See, "President's Awards," continued on p. 8

### On the social media scene with Beaumont

#### Beaumont named a top 25 most social media friendly hospital

Out of 800 U.S. hospitals evaluated for this year's Most Social Media Friendly Hospitals, Beaumont Health System ranked 25<sup>th</sup> for our work connecting with patients and employees through social media.



NurseJournal.org conducted this social media evaluation.

In addition to publishing, leading-edge information, Beaumont uses social media to provide everyday useful health information, nutrition tips, patient stories and much more.

Follow Beaumont on Facebook and Twitter today!

#### **Beaumont Blog undergoes makeover**

The Beaumont Blog launched in October 2012 and has been sharing stories focusing on health, wellness and community topics ever since.

Since its launch, the look of the blog has stayed the same even as the audience and number of posts have continued to grow. The Beaumont Blog currently averages more than 20,000 views per month.

The new design allows visitors to see more of the stories we're featuring, it's easier to sort and find topics, view

top news, subscribe to the blog and comment and share.

The blog continues to offer opportunities for Beaumont physicians and other experts to share important health information and interact with patients and the community-at-large. If you have topic suggestions or would like to submit a guest blog, contact Joseph Wesolek at 248-551-3440 or socialmedia@beaumont.edu.

Check out the Beaumont Blog and subscribe here.

#### **Instagram fall photo contest**

Fall is one of the most gorgeous times of the year in Michigan. Beaumont's campuses and facilities are no exception to the wonderful scenes of changing colors.

From now until Oct. 31, capture a picture of your favorite fall landscape at Beaumont and upload it to Instagram using the



hashtag #beaumonthealth. At the end of the month, we'll choose three of our favorite photos and those photographers will receive a Starbucks gift card!

Winners will be announced via Beaumont's Instagram account, so follow along for photos and to see our winners.

## Beaumont hosts food drive to help Gleaners Food Bank

Support the 2014 Michigan Harvest Gathering campaign to assist the Food Bank Council of Michigan in feeding the hungry.

Starting Oct. 13, Beaumont employees will notice new collection bins around the hospitals. The hope is to fill these bins with canned goods, nonperishables and personal care items to be donated to Gleaners Community Food Bank of Southeastern Michigan. The food drive will run through Oct. 24. Beaumont is participating in partnership with the Michigan Health & Hospital Association.

The five most needed items are canned fruit, vegetables, tuna, peanut butter and cereal/oatmeal. Pasta, soups, stews, beans, canned meats and pancake/baking mixes can also be used. Personal hygiene products such as diapers, toothpaste, toothbrushes, soap, shampoo and disposable razors are appreciated as well. These items should be packed separately from the food items.

Help a good cause that will impact your local community. Any donation, regardless of the size is greatly appreciated.

## Breast cancer survivors support patients by creating Angel Pillows

On Sept. 23, a very different sound greeted patients as they entered the Rose Cancer Center: the whirr of sewing machines.

It was the annual gathering for Angel Pillows, a program that creates heart-shaped pillows for women post-breast cancer surgery. The pillows can be used as a buffer between their surgical incision and a seatbelt, and even as a cushion under the arm for women experiencing discomfort from lymph node removal.

The program started a number of years ago, but was reinvigorated in 2012 by Sabrina Mayhew. She was 40 years old in 2011 when she was diagnosed with breast cancer. A year later she restarted Angel Pillows. "I was given a pillow by a complete stranger," she recalls of her stay at Beaumont, Royal Oak. "I used it for everything and took it everywhere. I even left it behind at a hotel once, and asked them to ship it back to me. That's when I contacted the volunteer office and asked if I could pick up the program."

Since then, she has delivered more than 600 Angel Pillows to nursing units throughout Beaumont. "I wanted to take something negative and put purpose to it," Sabrina says. "A lot of women want to give back after their treatment. Support groups aren't for everyone, but so many women like to do this."

In fact, to celebrate being 10 years breast cancer-free, Amy Cardin invited her friends to join in the pillow-making fun. "Caring and Sharing was there for me, so when I saw this project I invited my friends to join in," she says. "They all said yes!"

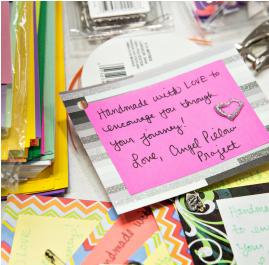
Karen Hoth, a seven-year survivor, agrees. "This is a great idea. The pillow has so many uses," she says. "I like volunteering and this is a great cause."



Sabrina Mayhew creates and distributes Angel Pillows to patients recovering from breast cancer surgery.



Amy Cardin, right, sews Angel Pillows with her friends to celebrate her 10<sup>th</sup> anniversary of being cancer free.



# People in the news



Okezie Aguwa, M.D., resident, Orthopaedic Surgery, received the Cervical Spine Research Society's Fellow Research grant for his study that contributes to the development of next generation bone graft materials and biologic techniques to increase the success rate of spine fusion procedures.

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Kevin Baker, Ph.D., director, Orthopaedic Research Laboratories, received the Cervical Spine Research Society's 21<sup>st</sup> Century Research grant for his study that evaluates a promising new stem cell technique to improve cervical spine fusion rates.

\* \* \*

Jeffrey Devries, M.D., MPH, was voted president of the Southeast Michigan Center for Medical Education, the largest consortium of teaching hospitals in the nation.

\* \* \*

**David Haines, M.D.**, section head, Heart Rhythm Center, authored the Heart Rhythm Society's consensus statement on electrophysiology lab standards. The statement was recently published in the journal Heart Rhythm.

\* \* \*

**Zachary P. Price, M.D.**, was appointed chief of Anesthesia at Beaumont, Grosse Pointe.

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Gilbert Raff, M.D., medical director, Cardiac MR and CT Imaging, and Kavitha Chinnaiyan, M.D., director, Advanced Cardiac Imaging Education, Beaumont, Royal Oak, authored the guidelines for use of computed tomography angiography in the emergency room that were published in the Journal of Cardiovascular Computed Tomography.

\* \* \*

Nancy Susick, RN, president, Beaumont, Troy, will be a panelist at the "Women Tell All... Almost," discussion in November. The event is hosted by the Auburn Hills Chamber of Commerce and the Rochester Regional Chamber.

\* \* \*

Beaumont Health System Sleep Evaluation Services received national accreditation from the American Academy of Sleep Medicine.

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Doug Copley, director, Information Technology, was a panelist at the State of Michigan's Cyber Awareness Luncheon and the Northeast Ohio CIO symposium. He was also a speaker at Detroit's SecureWorld conference, and a participant in a national health care cybersecurity meeting with the Department of Homeland Security and the FBI.

\* \*

**Beaumont, Royal Oak** was awarded certification for palliative care by The Joint Commission.

\* \* \*

**Thomas Lanni Jr.**, vice president, Oncology Services, Beaumont, Royal Oak, was selected to serve on the Michigan Cancer Consortium board of directors.

\*\*

Nick Vitale, executive vice president and chief financial officer, Beaumont Health System, was listed as one of the 150 hospital and health system CFOs to know in 2014 by Becker's Hospital Review.

\* \*

Nancy Carlisi, director, Volunteer Services, Beaumont Health System, was appointed to serve as professional development chair to the Michigan Healthcare Volunteer Resource Professionals board of directors.

\*\*\*

**Dana Zakalik, M.D.**, corporate director, Beaumont Cancer Genetics Program, discussed family history and genetics as a panelist at an evening awareness program for patients and families hosted by Beaumont Health System.













# Good morning, sunshine: Improving your morning routine to kick-start the day

Adapted from a MindBodyGreen article

Days are now shorter, mornings are darker and colder, and it is really tempting to hit the snooze button a few more times before we crawl out of bed. If we start the day off on a sluggish step, there is a good chance that our entire day may be lackluster. What you do in the morning sets the tone for a productive, happy and healthy day. Maybe it is time to get into a healthy morning routine by adopting some of the tips below.

#### 1. Drink a glass of water as soon as you wake up.

This rehydrates your body, revs up your digestive system and gets things flowing. You may start to notice clearer skin and better digestion. Bonus points if you add a squeeze of fresh lemon juice or a teaspoon of apple cider vinegar.

- 2. Do not check your email or phone for at least an hour. Do you sleep with your cell phone next to you and grab for it first thing when you wake? If you use it for an alarm, by all means turn it off, but resist the temptation to check your email and Facebook feed until at least an hour after waking up. You'll find that your mind is more clear, focused and happy.
- **3.** Think of one thing for which you have gratitude. This sets the stage for positivity throughout the day. If you come up with three or five things, even better.
- **4. Step outside and take a deep breath.** Fill your lungs with fresh air. Even if it's cold outside. This only takes 10 seconds! It reminds you that you are alive and breathing.
- **5. Move your body.** You don't necessarily have to do an intense workout before breakfast, but moving your body even a little is a great way to get the blood flowing and shake the body into wake-up mode. Simply doing a few stretches is a great option.



- **6. Take time to eat a healthy breakfast.** Breakfast has long been touted as the most important meal of the day. Rather than reaching for a box of cereal, focus on getting real foods in your body. Eggs, oats and smoothies are all great options.
- **7. Say your affirmations.** Look into the mirror and say something positive to yourself. Some ideas:
- I radiate beauty, confidence and grace.
- Every cell in my body is healthy and vibrant.
- I feel great when I take care of myself.

Are you up for the challenge of incorporating these healthy habits?

## **RedBrick Health reminder**

As open enrollment approaches, it's time to think about health care coverage and choices. So, now is a great time to think about participating in Beaumont's wellness resources.

Employee Wellness and RedBrick Health, can help you be an advocate for your health, and reward you along the way. Here are a few helpful reminders:

- If you met the 2014 premium credit requirements and are currently receiving a \$20 per pay period health credit, it will continue through the end of 2014. The RedBrick bonus is an additional opportunity to earn rewards.
- Employees and their dependents covered under a Beaumont-sponsored health plan can get one preventive health screening or annual physical per

- calendar year. You do not need to wait 365 days from your last physical. To qualify to earn the 2014 incentive, the Know+Your+NUMBERS form needs to be turned into RedBrick Health by Dec. 31.
- All benefits-eligible employees, medically-covered spouses and medically-covered adult children of employees have access to the RedBrick Health site. They can register by creating a username and password. The difference is that employees and medically-covered spouses can earn an incentive, while medically-covered adult children cannot.

Want answers to your wellness questions? Click <a href="here">here</a> to look at the RedBrick Health Frequently Asked Questions document. Attend an Employee Wellness Townhall to speak to an Employee Wellness staff member in person. Take advantage of this fun and healthy resource!

# **Upcoming wellness events**

#### Mindfulness classes

Learn how to manage stress and live in the present moment. All classes in October take place in Classrooms 1-4 at Beaumont, Troy at noon on Monday, Oct. 13; Friday, Oct. 17 and Monday, Oct. 27.

Can't attend in person? You can watch past Mindfulness sessions online at your convenience.

- Click <u>here</u> to watch a video of the Mindfulness 101 Session
- Click <u>here</u> to watch a video of Mindfulness 201, part one of three
- Click <u>here</u> to read a brief loving kindness meditation

#### **Know+Your+HEALTH**

Employee Wellness teamed up with Sharing & Caring to bring you a panel of Breast Care Center clinical experts. Discussion will revolve around the importance of prevention, self-exams, early detection and navigation. Opportunities to participate in the

discussion and to ask questions will be provided. Click <u>here</u> for more details. All lunch and learns are from noon to 1 p.m.

- Beaumont, Troy Tuesday, Oct. 14
- Beaumont, Grosse Pointe Tuesday, Oct. 21

Missed attending the Ovarian Cancer Know+Your+HEALTH session? Watch online by clicking <a href="here">here</a>. There will be a brief delay before video starts.

#### **Employee Wellness Townhalls**

Take the time to learn about the 2014/2015 wellness offerings and rewards that are available to all benefit-eligible employees. Sessions are from noon to 12:45 p.m.

- Beaumont, Grosse Pointe Wednesday, Oct. 15
   Private Dining Room
- Beaumont, Troy Wednesday, Oct. 29 Classrooms 1-4

## **Take 5: Movement**

Take 5 is a place you can look for wellness tips that can be accomplished in just 5 minutes. You will find ideas for four main topics: Movement, Mindfulness, Fuel and Fun and Games. So take five, you deserve it!

#### Seated leg extensions

Sit in any chair with good posture. Keep your back straight, your chest out and shoulders down. Straighten your right leg out in front of you and tighten the quadriceps muscle. Raise the foot off the floor approximately 8 to 12 inches. Lower your right foot back to the floor and repeat 15 to 20 times. Remember to exercise both legs. In addition, keep your hips level throughout the entire exercise.

# International Outreach program making a difference around the world

Nathan Novotny, M.D., has the kind of job that takes him off the beaten path. A pediatric surgeon by training, he's also the director of International Medicine for Beaumont Health System, a job that takes him all over the world, recently to Gaza and Kenya.

Dr. Novotny's trips revolve around providing surgical services to children in developing areas around the world. The big issues with his counterparts overseas are usually lack of education and training, and lack of supplies and equipment.

So, when he landed in Tel Aviv, Israel, he wasn't sure what to expect. Israelis and Palestinians had been clashing hard and cease-fire talks had fallen through. However, it wasn't until he reached the European Gaza Hospital, where he would be working, that the conflict was brought to light.

In Gaza, a huge percentage of the population is children. Fighting is close to their homes, and unfortunately they get hurt.

"Just after I arrived, a cease fire was declared, so I was rounding on adults," he says. "But over the course of a week, I took care of three kids who had been injured when they were playing too close to unexploded bombs. A lot of people ask me why I'd go into a conflict zone, but I'm trained in trauma. I know how to help these kids. Why wouldn't I go?" he says.

While rounding, he met a young boy, who had been hurt in an explosion. When he removed the patient's bandage to look at the wound, there was a gaping hole in the boy's abdomen and he could clearly see his intestines. The physicians didn't know how to fix it, so they did the best they could, but had left the injury open. Dr. Novotny scrubbed in to surgery and was able to close the wound for the boy.

After a week in Gaza, he headed home for a few days before setting off for Kenya through an organization called Kenya Relief. He was joined by surgical resident Andrew Bayci, M.D., and a TV crew from Local 4 WDIV, that was making a documentary on the trip.

"We were in a small town in southwest Kenya, and when we got there, we weren't sure what exactly to expect," he says. "We started seeing patients at 4 p.m. on Sunday

for surgery the next day. When we're in situations like this, we have to consider global health and whether we'll still be there to follow-up with the patients.



Dr. Novotny

That's why we tend to do smaller surgeries, so the patient essentially receives all their follo-up care before we leave."

While in Kenya, Dr. Novotny cared for many patients, but none touched him quite as much as a little boy named Enoch who had a huge hernia, and a woman named Susan, whose life Dr. Novotny saved. "Practicing international medicine is amazingly rewarding. Just knowing that I can make such a profound, lasting difference in a life is what keeps me moving forward," he says. "I'll never forget Enoch or Susan."

To see more of Dr. Novotny's trip to Kenya, be sure to tune in to Local 4 WDIV on Friday, Oct. 17, at 8 p.m., for "Care & Hope: Proud Detroit Exports." If you miss the Local 4 TV special, you will be able to watch it on <a href="https://www.clickondetroit.com">www.clickondetroit.com</a>.

## President's Awards ....

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the doors were locked and the windows were up, Jim tossed the extinguisher to other good Samaritans assisting in the effort, who were able to break the windows. The group then pulled the driver to safety. Without the efforts of Jim, the situation may have had a very different outcome.

The runner up is **Daniel Feys**, Pharmacy, Royal Oak.

In total, 2,331 employees also received awards for 15, 20, 25, 30, 40 and 45 years of service with Beaumont.

"Every day the Beaumont team cares for the community in extraordinary ways," says Gene. "Presenting the President's Awards is my way of recognizing the magnificent, meaningful work they do."

# Team Giving campaign makes lasting impact on Beaumont and community

The best part of giving is the feeling you get knowing you have helped someone else. Generous contributions provided by Beaumont employees through the WE GIVE campaign help make a difference – not just in the lives of the patients and families for whom we carebut also in the lives of our friends and colleagues.

Last year, nearly \$750,000 was raised through the WE GIVE campaign. In the months that followed, the results of that generosity were felt throughout the health system. Programs such as Employee Assistance and the No Bullying Live Empowered initiative through Beaumont Children's Hospital benefited from the support of the Beaumont community and in turn, passed those benefits on to the employees and patients they serve.

With the funds generated through WE GIVE, the Employee Assistance Program was able to provide muchneeded and much-appreciated financial assistance to our friends and colleagues at Beaumont who may have experienced life-changing events such as the loss of a family member, an unexpected medical

leave or catastrophic damage caused by an unusual event, such as the flooding and storm damage that took place this past summer.



"Many of us experience unforeseen setbacks in life and the Employee Assistance Fund really helps employees to get back on their feet," says Larissa Heap, manager, Employee Assistance Program. "I think the fact that the fund is generated through Team Giving makes it all the more special as it's a great way for us to truly help our team members. Not only do we care for our patients, but also we care for each other. We often find that employees who have been assisted through the fund are anxious to give back so that they may help others once they are able."

The NoBLE program reaches out to the community-at-large and is the first anti-bullying program of its kind in Southeast Michigan. Last year's support from Team Giving provided resources for counseling, education, research and outreach for the benefit of children, teens and families impacted by bullying.

In 2014, for example, the NoBLE team partnered with the Inside Out Literary Arts Project to use poetry as a therapeutic opportunity for teens. The project allowed a group of eighth graders to work with professional writers to express their feelings, concerns and

solutions. It helped them empathize with each other, build friendships and strengthen self-esteem. The resulting poems were published in a book that has helped raise awareness about the effects of bullying.

The WE GIVE campaign also enabled NoBLE to produce public service announcements that aired on local networks and on YouTube, and provide anti-bullying presentations at no charge. The impact from this program can be felt around the community.

Every employee contribution, no matter the size, has the power to improve the lives of patients and colleagues. Visit the <u>WE GIVE</u> page on Inside Beaumont to make your pledge today or to learn more about how your support makes a difference.

## Refer a nurse friend, make extra money

How would you like to add an extra \$3,000 to your bank account right around the holidays? Beaumont is now offering its employees a bonus for successful referrals.

Beaumont is looking for any RNs with more than two years of experience in any area. Have your friends, relatives or former co-workers apply at <a href="www.beaumont.edu">www.beaumont.edu</a> and include your name in the area of the application that asks, "How did you find out about this position?"

Next, all you need to do is fill out a Refer-a-Friend card and give it to Human Resources. These need to be completed within one week of the application being submitted. After your referral completes 90 days of employment, keep your eyes open for a nice bonus on your check!

All Beaumont employees are eligible for this program, so start looking for your future co-workers!

## **Faces around Beaumont**

**Levi Hall, Pharm. D.**, loves his job. "I truly enjoy that interaction with the medical team. And when I see my recommendations having a positive impact on a patient – that's a great feeling," he says.

He's a clinical pharmacy specialist for adult internal medicine and pain management at Beaumont, Royal Oak. Rounding each day with a team of physicians, residents and students is all in a day's work. "I focus on optimizing the patients' treatment plans and work with my teaching service to ensure the best possible medication is ordered for our patient's specific issue, taking into account kidney function, drug interactions and socioeconomic factors among others," he says. "Beaumont pharmacists take measures to ensure the safe use of medications throughout the health system." As a valued team member, pharmacists work to ensure patients receive the best care to achieve the quickest resolution.

Because Beaumont is a teaching hospital, Levi is an attending for pharmacy residents and interns. "I love seeing that light bulb go off for them," he says. "One of the things I like best is taking a complicated concept and breaking it down into something simple they can apply to the patient."



He didn't always think his life path would lead to the pharmacy. The Indiana native planned to go into computer science. "My aunt suggested looking into being a pharmacist because they are well respected and help others," he recalls. "So, I volunteered at the county hospital and really liked it. From there I went to Butler University for my Doctor of Pharmacy degree, and completed my residency at Detroit Receiving."

During his residency, he worked on research through Wayne State University that was published in Pharmacotherapy, a prominent pharmacy journal. The article was listed in the top 10 most accessed articles of that year.

As a member of the Beaumont team since 2006, Levi doesn't keep to himself in the pharmacy. He's a member of Pain Clinical Integration Counsil, Beaumont's Diversity Council, the Human Resources LGBT committee, an assistant professor at the Oakland University William Beaumont School of Medicine and at Wayne State University.

Active in the community, he volunteers time with Health Equity Council of Southeast Michigan, a strategic initiate to reduce health disparities faced by LBGT people. He is also the point person at Beaumont for AIDS Walk Detroit. "This year the Beaumont team had an amazing turnout and raised nearly \$12,000, bringing our total to about \$40,000 since 2011. I volunteer my time for this important cause because I want to help reduce stigma associated with this medical condition and keep patients connected to care," he says.

In addition to his community work, he has many hobbies. "For a break from the stress of pharmacy school, I joined a flight school. From time to time, I go up with a friend who is a pilot," he says. "I have always wanted to play the piano, so I began taking piano lessons. I am working on my first Beethoven piece."

Please send feedback, articles, letters and People in the News suggestions or ideas to the editor.

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